THE HUNGARIAN HANDBALL MODEL

Nourishing handball players from childhood to adulthood

Editor: Zoltán Marczinka

Collaborators: József Firnicz
János Hajdu

Hungary’s Place in World Handball

Summary of Results

Adult (men and women)

<table>
<thead>
<tr>
<th>Olympics</th>
<th>World Championships</th>
<th>European Championships</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st -</td>
<td>1x</td>
<td>1x</td>
</tr>
<tr>
<td>2nd – 1x</td>
<td>5x</td>
<td>-</td>
</tr>
<tr>
<td>3rd – 2x</td>
<td>4x</td>
<td>2x</td>
</tr>
<tr>
<td>4th – 5x</td>
<td>2x</td>
<td>1x</td>
</tr>
<tr>
<td>5th – 1x</td>
<td>2x</td>
<td>2x</td>
</tr>
<tr>
<td>6th – 1x</td>
<td>3x</td>
<td>1x</td>
</tr>
</tbody>
</table>

Total medal tally:
3x OG 10x WCh 3x ECh

Youth / Junior (men and women)

<table>
<thead>
<tr>
<th>World Championships</th>
<th>European Championships</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st –</td>
<td>1x</td>
</tr>
<tr>
<td>2nd –</td>
<td>3x</td>
</tr>
<tr>
<td>3rd –</td>
<td>1x</td>
</tr>
<tr>
<td>4th –</td>
<td>4x</td>
</tr>
<tr>
<td>5th –</td>
<td>1x</td>
</tr>
<tr>
<td>6th –</td>
<td>3x</td>
</tr>
</tbody>
</table>

Total medal tally: 4x WC 7x EC

European Cups: Winner 14x (3x Champions’ League, 5x Cup Winners’ Cup, 1x IHF Cup, 5x EHF Cup)

European Handball Nation of the Year: 2x (1998, 2003)

World Handball Player of the Year: Hungarian players awarded 5x
The Place of Handball in Hungarian Sport

- Facts and figures (2009)
  - Number of clubs: 578 with 28,586 registered players in 4 divisions
  - Type of competition: National League, National Cup

- Handball on TV (2009)
  - 211 handball matches were broadcast live on 8 TV channels = approx. 51 million viewers
  - after the repetitions, a total of 234 matches was shown on TV = approx. 63.5 million viewers

Status of Youth Handball
(Within the Broad Spectrum of the Sport in Hungary)

- Facts and figures (2009)
  - Number of school teams: 1057 with 9,766 registered players in 8 divisions
  - Type of competition: School Competition, National Teenager Championship, National Youth Championship, National Youth Cup

Competition System of Youth Development

National School Championships
(Organised and Administered by the Youth Development Director of HHF)

U15 (born after 1994.01.01.) Teenager Handball – using ball size 2
U14 (born after 1995.01.01.) Teenager Handball – using ball size 2
U13 (born after 1996.01.01.) Children Handball – using ball size 2
U12 (born after 1997.01.01.) Children Handball – using ball size 2
U11 (born after 1998.01.01.) Children Handball – using ball size 2
U10 (born after 1999.01.01.) Children Handball – using ball size 1
National Development Championships
(Organised and Administered by the Competition Director of the HHF)

National Youth Championship (OSB) (16 – 17 years) U16, U17

- Open to clubs and schools
- Compulsory that every 1st Division Team (W and M) enters with 2 teams per club
- A total of 52 teams (24 Women’s and 28 Men’s teams)
- Competition played in 6 preliminary groups, then 3 regional finals (3x8 teams) then national play-off with 6 teams

National Junior Championship (OIB) (18 – 19 years) U18, U19

- Open to clubs
- Compulsory that every 1st, 2nd and 3rd Division Team (W and M) enters with 1 team per club
- A total of 262 teams (130 Women’s and 132 Men’s teams) compete with the same schedule as the adult team, then in the 1st Division they play a play-off

National Youth Cup (OIK)

- Open to clubs
- Compulsory that every 1st and 2nd Division Teams (W and M) enters with 1 team per club
- Teams play in a knock-out format, then the final 4 teams play a play-off

Competition Organisation and Administration

National Finals - Organiser: HHF, county representatives and federations of the finalists, 8 teams involved

Territorial Finals - Organiser: County representatives and federations of the finalists
16 teams involved (4 x groups of 4)
1st and 2nd placed teams qualify to National Finals
Regional Finals - Organiser: County representatives and federations of the finalists. 40 teams involved (8 x groups of 5)

1\textsuperscript{st} and 2\textsuperscript{nd} placed teams qualify to National Semi-finals

County Finals - Organiser: County representatives and federations of the finalists. At least 3 teams need to be involved

1\textsuperscript{st} and 2\textsuperscript{nd} placed teams advance to Regional Finals

Selection for the National team

National Team

Selection Panel:
National Coaches
Regional Representatives
County Team Coaches

Regional Team

Selection Panel:
Regional Representatives
Regional Team Coaches
County Team Coaches

County Team

Selection Panel:
County Representatives
County Team Coaches

Club Teams

Hungarian National teams (boys and girls)

- Teenager   (up to 16/18 years )
- Youth      (up to 17/19 years )
- Junior     (up to 20/21 years )
- Reserve U23 (up to 23 years )
- University U28 (up to 28 years )
- National Team (no age limit )
THE CORE OF THE HARD WORK – The Regional Training Centres

Regional Training Centre (RTC)

Areas of Activity

- **Competition Management** – organising and administering the National Youth Championships and Beach Handball Championship

- **Talent Identification and Selection** – organising regional team selection events, participating at regional team selection events, selecting and registering talented players

- **Coaching and In-servicing Youth Coaches** – organising and administering the technical work of coaches and in-services for youth coaches twice a year

- **Sports Medicine** – providing services in physiotherapy, injury prevention, health care, rehabilitation in accordance with the Medical Commission of the HHF

The Director of the Regional Training Centre

Scope of Duties

- to take part in the organisation and establishment of the RTC
- to direct, organise and overview the programme
- to organise and supervise the tournament for the selection of the Regional Team
- to recommend persons for the position of Head and Assistant Coach of the Regional Team
- to take an active part in the execution of the National Youth Development Programme and supervise it
- to organise the County and Regional Finals as well as the National Semi-finals in different categories in association with the County Federations
- to register the teams in the region
- to organise and administer the regular in-servicing for P.E. teachers and coaches
- to organise a Youth Coaching Course once a year
- to recommend outstanding teachers and coaches for personal awards
- to establish and maintain a good working relationship with the local media
- report regularly to the Youth Development Director of the HHF
Method of Training and In-servicing Youth Coaches
( based on the RINCK Conventio, 2000 edition )

Training

Level 1 – Assistant Coach (1/2 year course) - HHF Coaching Commission and Universities with P.E Methodology for Teaching

Level 2 – Basic Coach (+1 year course) – HHF Coaching Commission and University of Sport, Budapest

Level 3 – Intermediate Coach (+2 years course) – HHF Coaching Commission and University of Sport, Budapest

Level 4 – Professional Coach (+ 2 years course) - Institute of Coaching and Sports Education (University of Sport, Budapest)

Level 5 – European Master Coach - Awarded by EHF

In-servicing

• Compulsory 3 day in-service for coaches working in 1st and 2nd divisions
• Compulsory 2 x1 day in-service for youth coaches working in the National Youth Development Program

Scientific, Educational and Financial Background

Financial Resources

• Government – directly to HHF, indirectly through the National Sport Development Fund
• Applications directly to different Sports Funds, indirectly to EU Funds
• Sponsorship
• Sport clubs
• Schools
• Parents

Education

• Universities with P.E. Methodology for Teaching
• University of Sport, Budapest
• Institute of Coaching and Sports Education (University of Sport, Budapest)

Science

• Hospital for Sports and Medicine
• Sport science
• Scientific Institutes