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“More Handball, Better Handball - One Club with a Project.”

We have no doubt that the best development projects are mainly, on two key principles: organization and planning.

Organisation - clearly and visible
Planning - minimum in the medium or long term

Club OS Belenenses has a significant history in Portuguese handball. In the seventies, the club obtained results of great importance in Portugal and in Europe. It is now time to re-organise and through an ongoing partnership with several institutions, the club has relaunched a project development model.

Here is the basis of this development model, with a view to assist all those starting new projects.
This is the pyramid introduced for handball within the club with two different levels (High and school handball). Schools are very close to the first level:

In general we want:
Our Goals

**High Level**

1. Club reference
2. Win national and international competitions
3. Club school

**Handball School**

1. Promote handball
2. Promote club
3. Sport education
4. Better players in the club

**Model of function**

**For the High Level**

Professional Technical Direction with power of decision
Have a philosophy and a model
Cooperation with Portuguese Handball Federation, EHF, IHF

**For Handball School**

Technical Direction and philosophy in accordance with the high level
Autonomy of organisation and participation
Financial autonomy
Cooperation model with community

Diagram showing the structure of the organization with departments and roles.
What we want for, Persons, Athletes and handball Players:

**Educate People:**

- Behaviour and respect.
- Friendship and solidarity.

**Visible Organisation**

- Clear rules; knowledge of the rules.

**Information and Communication.**

- Family involvement.

**This is an educative process...**

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**Educate Athletes:**

- High level of sacrifice and know-how is potential.

**Identify the protagonists in the process**

- Dedicated participation and punctuality.

Organise-Instruction-Actions on:

- Social life and image.
- Food and rest.
- Health prevention.
- School instruction.

- Family involvement.

**Sport Education Project**

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**Educate Handball Players...**

- Faster players.
- Multifunctional players – able to function in all positions on the court.
- Coordination, flexibility, physical fitness - basically well prepared players.
- Creative players.
- Players identify with handball and with the club very well.
On the first level of the structure, we propose the following Model of Cooperation:

**Responsibility of the Club**

1. Equipment
2. Handball specific material
3. Philosophy / Coaches
4. Administrative process
5. National promotion

**Responsibility of the institution... (School)**

1. Sports halls
2. Players
3. Local promotion
4. Promote more cooperation between municipality, private industry, etc.
5. Local administrative process

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**Important Documents...**

- Rules
- Location of practice
- Timetable
- Planning

All this can be found online at: [http://belenenses-andebol.blogspot.com/](http://belenenses-andebol.blogspot.com/)
It is also very important to get a feel of the club and also to show the project.

And the results so far? The have until now been very good, last season: